



DISCOVER YOUR INNER TALENTS

Vishwaguru Mahamandaleshwar Paramhans Swami Maheshwarananda

PUBLIC TALKS AND WORKSHOPS with “Vishwaguruji”

JUNE 11 – 15, 2015!

THURSDAY, JUNE 11

9:00 am ‘till evening: *Walk in the Countryside with Vishwaguruji*
\$35 (includes lunch), plus transportation cost TBD

FRIDAY, JUNE 12

7:00 pm: *Welcome Satsang and Public Lecture by Vishwaguruji*
Free to the public, donations appreciated

SATURDAY, JUNE 13

9:30 am - 3:30 pm: *Yoga Workshop, Features talk by Vishwaguruji, yoga nidra (relaxation),
asanas (postures), pranayama (breath techniques) and guided meditation*
\$75 (includes lunch and afternoon tea)

7:00 pm: *Satsang with Vishwaguruji* \$20

SUNDAY, JUNE 14

10 am - 1:00 pm: *Meditation Workshop, Talk and guided meditation by Vishwaguruji*
\$35 (includes lunch)

7:00 pm: *Farewell Satsang with Vishwaguruji* \$20

Full Program Discount: \$150

All programs except Thursday are at our yoga and meditation center:

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